



## FREE Introduction to Inclusive Cycling Activity Leader Workshops - March 2026

### Objectives

- Try a diverse range of inclusive cycles, including trikes, tandems, recumbents, wheelchair cycles, handcycles and companion cycles.
- Improve confidence and knowledge of inclusive cycling.

### Audience

Staff and volunteers from West Yorkshire based organisations and groups, such as active travel hubs, local councils, disability support groups, schools, care homes, sporting venues, community support organisations and older-people groups.

If you currently provide inclusive cycling activities, or if you are interested in offering inclusive cycling, please join us for this interactive workshop. This is a great opportunity to network with other activity providers and share best practices and knowledge.

### When & Where

Dates	Venue	Address
Wed 18 Mar 10am – 1pm	Northfield Hall Community Centre - in main hall	40 Norfolk Avenue, Sheepridge, Huddersfield, HD2 1GS - <a href="#">Venue link</a>
Thu 19 Mar 1pm – 4pm	Denhale ARC (Active Recreation Centre) - in main hall	Denhale Avenue, Wakefield, WF2 9EF - <a href="#">Venue link</a>
Fri 20 Mar 11am – 2pm	Kentmere Community Centre - in main hall	Kentmere Avenue, Seacroft, Leeds, LS14 1BW - <a href="#">Venue link</a>
Mon 23 Mar 10am – 1pm	Karmand Community Centre - in sports hall	Barkerend Road, Bradford, BD3 9EP - <a href="#">Venue link</a>
Tue 24 Mar 10am – 1pm	Victoria Hall - in main hall	Hard Ings Road, Keighley, BD21 3JN - <a href="#">Venue link</a>
Wed 25 Mar 10am – 1pm	Calderdale College - in sports hall	Francis Street, Halifax, HX1 3UZ - <a href="#">Venue link</a>
Thu 26 Mar 10am – 1pm	Mytholmroyd Community and Leisure Centre - in Jubilee Room	Caldene Avenue, Mytholmroyd, Hebden Bridge, HX7 5AF - <a href="#">Venue link</a>
Fri 27 Mar 12pm – 3pm	Lightwaves Leisure and Community Centre - in main sports hall	Lower York Street, Wakefield, WF1 3LJ - <a href="#">Venue link</a>
Mon 30 Mar 10am – 1pm	Batley Sports and Tennis Centre - in sports hall	Windmill Lane, Birstall, Batey WF17 0QD - <a href="#">Venue link</a>

## WORKSHOP SUMMARY

All workshops will take place indoors and delivered in person by 3 experienced and friendly staff from Everybody's Cycling. All venues are wheelchair accessible.

What to expect from the workshop...

### Introductions and housekeeping

- About Everybody's Cycling and the inclusive cycling project for West Yorkshire Combined Authority
- Workshop aims
- Housekeeping (toilets, fire exits etc.)

### Activities

- Communication task
- Helmet usage
- H&S when cycling and riding comfort
- Discover and try out a range of inclusive cycles

### Signposting and networking

- Inclusive cycling signposting for cycle loans and purchases, local activity providers, and further training opportunities.
- Sharing best practices tips and ideas and network with other organisations.



Each workshop is 3 hours. Hot drinks will be provided.

## REGISTER YOUR INTEREST

Register your interest in the workshops here: [tinyurl.com/ECITIC26](https://tinyurl.com/ECITIC26)

Feel free to contact our friendly team if you have any queries or support needs on 01904 951900 or [hello@everybodyscycling.org.uk](mailto:hello@everybodyscycling.org.uk).

**Running inclusive cycling activities in West Yorkshire?** Please post your leaflets to Everybody's Cycling and we'll share these at the workshops or bring them along if you attend.